

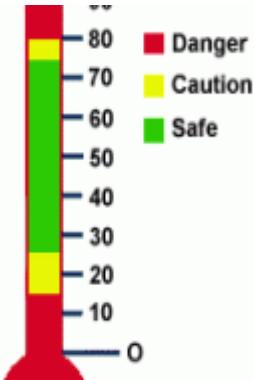


## Colorado Pug Rescue

### PUG LOVERS FACT SHEET

#### How to Prevent Heat Stroke – The Silent Killer

Pugs are short-nosed (brachicephalic). Pugs are more prone to heat stress and exhaustion than other breeds. Pugs can become heat stressed within a short time on a hot day. Temperatures inside closed cars that are parked on a 75-80 degree day, can reach well over 100 degrees. Even leaving a pug in a car with windows open in these temperatures can put your pug at risk. Heat rising from pavement can be detrimental to your pug on a hot day. During extreme temperatures (**over 80 degrees**) keep your air conditioning running at home, or swamp cooler and/or fans on at all times. Do not leave your pug outdoors for more than 10 minutes. Avoid excessive exercise that can overheat your pug. In addition to heat stroke, it is also possible that over exposure to high temperatures can cause long term damage to your Pug's organs including the heart, kidney and liver. It is not uncommon for Pug owners to find their Pugs enjoy lying outside, but please remember that your Pug really does not know any better and it's up to you to be careful. **Heat stroke can come on quickly, in a matter of seconds, and it could cost your Pug his life.**



#### Heat Stroke symptoms:

Panting and increased heart rate

Gums that are reddened

Your Pug may also have a very anxious, strained or expression that seems to stare

Your Pug may vomit

Your Pug may have diarrhea

Your Pug may collapse and then fall into a coma

#### What to do in case of Heat Stroke:

It is best to immerse your Pug in cool water or spray your Pug down with cool water. Give your Pug cool water to drink. Rub and massage your Pug's skin while flexing and pulling the legs outward to get blood circulation. **This is an Emergency** - get your Pug to your veterinarian as soon as possible.

#### Gear to Keep Your Pug Cool

There are many items on the market designed to keep your Pug cool and help prevent heat stroke. These include cooling vests, cooling pads, cooling collars, and cooling scarves. Keep a plant sprayer nearby filled with cool water to spray down your Pug on hot days. Check out the following web sites:

<http://www.helpingudders.com/cat-Cooling+Vests-41.aspx>

<http://www.keepdoggiesafe.com/keepdogcool.html>

<http://www.coolzonedog.com/>

Losing your Pug to heat stroke is a heart breaking experience. Remember, it is up to you to protect your Pug from overexposure to hot weather...they can't protect themselves!